DR. SAGAR PATEL, MD

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The Surgeons I'd Send You To

An honest referral guide

I only do a handful of procedures. For everything else, there is someone who does it better than I could. This is that list: the names I trust with the work I don't do.

Dr. Sagar Patel · Chin, Neck, Jaw & Ears · @sagarpatelaesthetics

Ask a different question

Most surgeons will tell you they "specialize" in a long list of things. But you can't be a master of everything. The more honest question isn't what a surgeon does. It's what they won't do.

I do a short list: chin and neck, jaw, and ears. That's my whole world, and it's on purpose. Everything else, I send to someone who lives and breathes it.

Here's how to read this list. It isn't extensive, and it isn't my friend group. These are people whose work I've actually seen, where my surgical eye can tell the result took real skill. People I know to be honest, who turn patients away when they aren't the right fit. People who are good value for what you get.

I've left off most of the obvious names, the surgeons charging exorbitant prices, and the big social media personalities. Some of them I've watched operate. Others I haven't followed or vetted to death, because I'm not a beauty broker. I have no stake in whether you book any of them, and that's exactly why I'm comfortable putting my name on this.

> **A few honest notes.** None of these are paid placements and nobody bought their way onto this list. It's a starting point for your research, not a finish line, and it will grow and change as I see more work. Every good decision still starts with your own consult.

"The best surgeon for one operation is usually the one who does almost nothing else."

In *Complications*, surgeon and writer Atul Gawande profiled a hospital that does nothing but hernia repairs. Their surgeons run that one operation hundreds of times a year, and their patients see it come back about 1% of the time, against the 10 to 15% typical elsewhere. Focus isn't the limitation. It's the advantage.

The Recommendations

WHO I'D SEND YOU TO

NOSE Rhinoplasty

PRIMARY RHINOPLASTY

- **Dr. Deepak Dugar**
  Beverly Hills, CA
- **Dr. Giancarlo Zuliani**
  Detroit, MI
- **Dr. Richard Zoumalan**
  Beverly Hills, CA
- **Dr. Vladimir Grigoryants**
  Glendale, CA

REVISION RHINOPLASTY

- **Dr. Ziad Katrib**
  Louisville, KY

EYES Eyelid Surgery

- **Dr. Guy Massry**
  Complex & revision eyelids
- **Dr. Christopher Zoumalan**
  Eyelid surgery
- **Dr. Charles Lee**
  Asian eyelid surgery
- **Dr. Mehryar Taban**
  Upper & lower lids
- **Dr. Jae Kim**
  Asian eyelid surgery

FACE Facelift

- **Dr. Garrett Locketz**
  Denver, CO
- **Dr. Daniel Gould**
  Los Angeles, CA
- **Dr. Babak Azizzadeh**
  Revision & complex facelift
- **Dr. Sudeep Roy**
  Los Gatos, CA
- **Dr. Danny Soares**
  Florida

The Recommendations

WHO I'D SEND YOU TO

HAIR Hair Restoration

- **Dr. Hardik Doshi**
  New York, NY
- **Dr. Parsa Mohebi**
  Los Angeles, CA
- **Dr. J. Epstein**
  Miami, FL
- **Vetted referral — Turkey**
  Message me for the name

BREAST Breast Surgery

- **Dr. John Diaz**

BODY Liposuction & Fat Transfer

- **Dr. Sejal Patel**

JAW Custom Jaw Implant

- **Dr. Karan Dhir**

INJECTABLES Filler Dissolving

- **Nicola Lowery, PA-C**
  Manhattan Beach, CA

DETAIL Dimpleplasty

- **Dr. Kimberly Lee**
  Beverly Hills, CA

SMILE Veneers

- **Dr. Chirag Patel**

BEFORE YOU GO

There are a lot of great surgeons out there

More than I could ever fit on one page, and this guide doesn't cover every procedure.

Keep this in mind. The honest truth is that even a lot of excellent surgeons don't know who else is out there, or the level of work being done across the field. This is simply the corner of it I've seen with my own eyes. If you don't see what you're looking for, send me a message and I'll point you in the right direction.

NOW — WHAT I ACTUALLY DO

Chin, neck, jaw & ears

That's the whole practice. It's all I do, and it's the reason I can turn everything else into the list you just read. Pricing is a starting range here and exact at consult.

Chin liposuction	from $5,000	Buccal fat removal	from $4,500
Chin implant	from $6,000	Otoplasty (ears)	from $7,000
Deep neck lift	from $12,500	Forehead reduction	from $14,500

Think you might be a candidate?

Most of my consults are virtual, so it doesn't matter where you are.
Send a DM or book straight from the site.

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